

# **GoFarm's Market Farmer Internship**

Position: Market Farmer Intern

Employment Status: Part time, nonexempt (~30 hrs/week)

Reports To: Director, Farmer Development & Support Program

Compensation: \$20/hr plus a free weekly veggie share

Applications Accepted Until: March 25, 2024

Start Date: April 29, 2024

End Date: September 29, 2024

People of color are encouraged to apply. GoFarm is dedicated to racial equity, diversity, and inclusivity.

#### **About GoFarm**

GoFarm is a nonprofit organization with a mission to train and support local farmers, connect people with local agriculture, and increase equitable access to nutrient-rich food grown in Colorado. GoFarm fulfills this mission by running three programs: Farmer Development & Support, Local Food Share, and Community Food Access.

The Farmer Development & Support program (FDS) trains and supports beginning farmers within the Denver Metro. GoFarm provides mentorship, stipends, access to land, and year-round support to beginning farmers as well as educational opportunities to both new and experienced farmers. The Local Food Share program (LFS) works with over 40 farms to operate a multi-farm, Community Supported Agriculture program—or CSA—where community members get a weekly or biweekly share of local, sustainably-grown food. Participants pick up their food each week from one of our three distribution sites located in Golden and Arvada. The Community Food Access program (CFA) makes healthy, local food more affordable and accessible in our community. We partner with community organizations to manage tailored projects that address food insecurity at a systems level. We are headquartered in Golden, Colorado. Learn more about us at GoFarm.org.

GoFarm offers two different internship opportunities: Market Farmer Internship and Community Food Internship. View each internship description on our <u>website</u>.

#### **Market Farmer Internship Position Summary**

GoFarm is seeking motivated, adaptable, and passionate individuals to fill the GoFarm Market Farmer internship positions. Interns will learn sustainable farming practices, increase their knowledge of our local food system in Colorado, and play an integral role in helping beginning farmers in their first years of business. They will work closely with GoFarm's Incubator Farmers, the FDS Program Director, the FDS Farm Education & Training Coordinator, and other interns in a fun and collaborative team culture. Primary intern responsibilities include working with Incubator Farmers and GoFarm staff on everything from seeding and prepping beds to harvesting and processing crops. This is an entry-to-mid-level internship that is best suited for those looking to explore a career in agriculture or who are looking for hands-on experience in starting a market farming career.

## **Responsibilities and Opportunities**

- Work with our Incubator Farmers to assist them will all aspects of their farm operations and assist GoFarm staff on demonstration garden plot
  - Prepare soil for planting and help to implement soil building practices
  - Install and maintain farm irrigation systems
  - Seed and plant crops
  - Manage weeds and pests
  - Harvest, process and distribute farm produce
  - Assist Incubator Farmers on additional tasks as needed throughout the season
- Conduct a program evaluation and provide feedback to GoFarm staff
- Attend orientation and monthly educational workshops (~2 hours/month)
- Attend regular check-in meetings with FDS Program Director
- Maintain good communication with the FDS Program Director and the FDS Farm Education & Training Coordinator

## **Working Conditions**

- 30 hours every week:
  - Several consecutive hours outdoors, exposed to all weather conditions
  - Several consecutive hours standing, bending and crouching to weed, plant, harvest, etc.
  - Must be willing to work at least one weekend shift per week
- Occasionally working in adverse weather conditions including rain, snow, high wind, and in both the heat and cold
- Regularly moving large boxes and crates of produce or moving soil amendments, up to 50lbs
- Driving to and from different farm locations, including Golden, Arvada, Lakewood,
  Denver and, on occasion, Boulder.
- Some remote computer-based work may be required (Zoom meetings, responding to work emails, etc.)

### **Skills and Qualifications**

- Some gardening or farming experience
- A flexible schedule with weekend availability
- A commitment to work the entire internship
- Able to work both as part of a team and individually on tasks on farms and at distribution sites
- Flexible, willing to learn, comfortable taking initiative, and willing to ask questions when needed
- Must have a valid Driver's Licence, a reliable vehicle, and auto insurance
- Passionate about local food, food equity and sustainable food systems
- Willing and committed to learning about inequity within the food system, advancing food justice, and working toward a more equitable food system. To learn more about GoFarm's commitment to equity, click <a href="https://example.com/here">here</a>
- Conversant in English, fluency not required
- Must be 18 or older

#### Bonus!

- Bilingual, bicultural
- Have participated in another track of GoFarm's Beginning Farmer Training Program

#### **How To Apply**

Please complete this <u>Market Farmer Internship Application</u>. Applications will be accepted until March 25, 2024. Please direct any questions to Tessa McCusker (<u>tessa@gofarm.org</u>) and Jess Hargest (<u>jesshargest@gofarm.org</u>).

GoFarm follows an equal opportunity employment policy and employs personnel without regard to race, creed, color, ethnicity, national origin, religion, sex, sexual orientation, gender expression, age, physical or mental ability, veteran status, military obligations, marital status, transgender status, gender identity, ancestry, gender, political service, affiliation or disability.

We are committed to fostering an inclusive environment where diversity is valued and recognized as a source of strength and enrichment. We seek to attract talented people from a diverse range of backgrounds and cultures, including people of color.